CYBERSECURITY
Best Practices

1. Lock your session

When you step away from your computer (even if it's for a few minutes or to grab a coffee).

2. Never share passwords

Treat passwords like underwear. Change them regularly. Don't leave them lying around. Don't share them with anyone.

3. Verify the email sender

Before clicking on email links. Beware of phishing. If you suspect phishing delete the message or use the "Report a message" button in Outlook.

4. Use complex passwords

Use a password manager solution – every account should have a unique password.
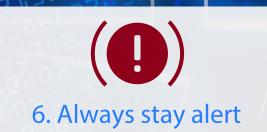Please reference the Account Management Guidelines and best practices.

5. Protect your identity

Enrol your uOttawa account to Multi-factor authentication (MFA) today.

6. Always stay alert

Report suspicious activity to IT support.

Learn more about IT security:

Information Technology

www.it.uOttawa.ca/security

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