

Introduction to the National Standard

Did you know that 70% of working Canadians are concerned about psychological health and safety in the workplace?

Psychological health and safety means preventing harm to mental health, and promoting psychological well-being.

Mental health and safety is just as important as physical health and safety... let's face it... there is no health without mental health.

Learn how YOU and YOUR workplace can work to improve the 13 factors for psychological health and safety in the workplace.

Visit *haveTHATtalk.ca* to watch the videos and to learn more.