

Q1. The 'Mental Health and Wellness' website is:

Information	Total Agree	Total Support & Administrative	Total Academic
Clear	44%	49%	30%
Timely	41%	45%	29%
Useful	40%	45%	26%
Easy to find	39%	45%	25%

Q2. Information on the Employee Family Assistance Program is:

Information	Total Agree	Total Support & Administrative	Total Academic
Clear	36%	40%	26%
Timely	33%	36%	26%
Useful	33%	36%	25%
Easy to find	34%	37%	23%

Q3. Information on webinars/training learning activities organized by Human Resources is:

Information	Total Agree	Total Support & Administrative	Total Academic
Clear	51%	53%	47%
Timely	46%	48%	40%
Useful	45%	48%	35%
Easy to find	41%	43%	35%

Q4. How much of a challenge is each of the following for you with the pandemic?

Information	Significant or moderate challenge (Total uOttawa)	Significant or moderate challenge (Total Support & Administrative)	Significant or moderate challenge (Total Academic)
Excessive Workload	66%	61%	80%
Insufficient Workload	7%	8%	8%
Physical workspace	43%	40%	49%
Communication with co-workers	39%	34%	56%
Internet access and/or speed	33%	30%	41%
Equipment and tools	41%	38%	54%

Q5. How much of a challenge is each of the following for you?

Information	Significant or moderate challenge (Total uOttawa)	Significant or moderate challenge (Total Support & Administrative)	Significant or moderate challenge (Total Academic)
Work-Life Balance	56%	51%	68%
Distractions at home during telework	33%	26%	49%
Anxiety and/or stress (pandemic-related)	51%	48%	56%
Social Isolation	52%	50%	56%
Childcare and other family obligations	30%	26%	43%
Mental health-related concerns	42%	41%	46%
Physical health-related concerns	37%	35%	44%
Financial Pressure	21%	21%	20%