



Cleaning Guide

Cleaning tasks sample

KITCHEN

- Ensure all dishes and food are clean, stored properly and put away
- Remove all food and build up from the stove and microwave; clean both with approved cleaners
- Disinfect sink, faucet, and handles
- Clean exterior of fridge, counters and handles in kitchen area

SURFACES

- Clean highly used surfaces like door handles, switches, counters, tables and desks
- Read product information before cleaning electronics like remotes, phones, key cards etc. to keep them clean and in good working condition

GARBAGE

- Empty your fridge of any food that has spoiled or expired
- Dispose of garbage, recycling and composting into your building's proper bins. Ensure garbage has been put into a bag and tied before disposing of it in a dumpster
- Wash, rinse and dry your garbage can, especially if liquids or food have seeped out from a bag

BATHROOM

- Disinfect the sink, handles and faucet
- Use the toilet cleaner and bowl brush to scrub inside of the toilet bowl and underside of the toilet seat
- Disinfect the top side of the toilet seat and handle of the toilet
- Spray and wipe walls and base of shower or tub with cleaner

FLOORING

- Maintain tile and wood flooring with a quick sweep
- Spot clean any spills or hard to sweep stains
- Mop any high-traffic areas, including washroom, kitchen, and entryway

Suggested cleaning supplies list

- Glass cleaner
- Bathroom cleaner
- Toilet bowl brush
- Multi-purpose degreaser (for stove + counter tops)
- Handheld broom + dustpan
- Microfiber cloths
- Roll of paper towel
- Gloves
- Bucket to hold cleaning supplies



Cleaning schedule

There is a printable version of the cleaning schedule on our website on the “Roommate and shared living” page, under the Tools and resources section. Fill-in this schedule and post it in a common place in the unit for easy reference.

CLEANING SCHEDULE					
Roomate(s) Name(s)	Week 1	Week 2	Week 3	Week 4	Week 5
	Kitchen	Bathroom	Surfaces	Garbage	Flooring
	Flooring	Kitchen	Bathroom	Surfaces	Garbage
	Garbage	Flooring	Kitchen	Bathroom	Surfaces
	Surfaces	Garbage	Flooring	Kitchen	Bathroom
	Bathroom	Surfaces	Garbage	Flooring	Kitchen

Notes