

# impact report 2024



Pride Centre  
UOSU Equity  
Health Promotion  
Sustainability Centre  
Feminist Resource Centre  
Office of Campus Sustainability



uOttawa

C'EST RÈGLÉ  
PERIOD PROJECT



## who are we

The Period Project is an initiative to offer free environmentally friendly menstrual products to the uOttawa community.



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- 
- Desmarais
  - Learning Crossroads
  - Lees
  - SITE
  - Morisset
  - Hamelin
  - Fauteux
  - Roger Guindon
  - FSS
  - Mashkawaziwogamig:  
Indigenous Resource Centre
  - **Pride Centre**
  - **Health Promotion Office**
  - **Feminist Resource Centre**

## locations

The Period Project now has dispensers active in 10 locations, across the three university campuses, with an additional 3 partnership locations offering menstrual product baskets.

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menstrual pads

16,881

tampons

7,886

## products

In 2023-24, nearly 25,000 menstrual products were distributed free of cost to the uOttawa community.



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period  
underwear



menstrual  
cups



reusable  
pads

## reusables

Over 100 reusable menstrual products were also distributed. Additionally, a “reusables” event was held in partnership with The Period Purse to raise awareness about reusables.

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## dispensers

Two new dispenser models were tested this year. This has helped us determine that non-mechanical dispensers will become our standard moving forward.

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## 2025 goals

- Introduce a dispenser to Minto Sports Complex for a greater presence on the south end of the campus
- Have cleaning staff service some dispensers to gather feedback for future servicing of all dispensers
- Test a new dispenser from one more company





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# thank you

A huge thank you to the financial sponsors of the Period Project pilot, **Student Life** and the **Student Union of the University of Ottawa** (UOSU). And our immense gratitude to all the volunteers who help keep the dispensers stocked!