Professional Resources, COVID-19 Pandemic

(* Indicates that the site is in French only)

Last updated on April 20th, 2020

Jobs

Job Searching Websites and Job Boards

Job Searching Websites, uOttawa’s Career Development Centre

Canadian COVID-19 List of Hiring Companies (Up-to-date remote job postings list compiled by Spare Labs)

LinkedIn: Who’s hiring in Canada? (Up-to-date job postings advertised through LinkedIn)

Randstad Job Postings: Industries That Are Trending During the COVID-19 Pandemic

Remotive Job Board

Talent Help List (Up-to-date talent list being consulted by startup and tech employers looking to hire)

Best Websites for Remote Work and Side Gigs (Article by Career Sherpa)

Websites to Find Remote and Freelance Jobs (Article by Career Wise)

Companies Looking to Hire

Agriculture and Food Jobs in Ontario

Amazon is Hiring!

Desjardins is Hiring!

Dollarama is Hiring!

Domino’s Pizza is Hiring!

Goodfood is Hiring!

LCBO is Hiring!

Loblaw Companies Limited is Hiring!

Metro is Hiring!

Shopify is Hiring!

Sobeys is Hiring!

Walmart is Hiring!

A list of 100 companies offering remote jobs

A list of 13 fully remote companies

Short-Term and Shift Work

Cornershop App

HYR App

InstaCart

Task Rabbit
Virtual and Community Volunteering

Province of Ontario, Virtual Volunteering Program
National COVID-19 Volunteer Recruitment Campaign
Canadian Red Cross
Catchafire
Charity Village
Create The Good
Do-It
Helping Hands
Je Bénévole
Kids Helpline, Crisis Text Line
Missing Maps
Montreal Volunteer Bureau
School In The Cloud
United Nations
Volunteer Canada
VolunteerMatch
Volunteer Ottawa

Professional Development (Courses and Training)

Upcoming Webinars and Online Workshops, uOttawa’s Career Development Centre

Algonquin College Corporate Training (free open enrolment virtual classes until April 30)

ClassCentral
Coursera
edX (2500+ Online Courses from 140 Institutions)
Excel Online Courses (Hosted by LinkedIn)
GitHub
Google Skillshop
Harvard University, Online Courses
LinkedIn Learning (9,000+ video courses through Lynda.com)
Massachusetts Institute of Technology (MIT), Online Courses
McGill University Alumni Connect, Online Networking
Ottawa Public Library (4000+ video courses through Lynda.com)
Skill Share
The Open University, Online Courses
Advice and Further Reading: Job Searching

Resume and Cover Letter
Resume Preparation and Templates, uOttawa’s Career Development Centre
Cover Letter Preparation and Templates, uOttawa’s Career Development Centre
Six Essential Resume Skills for Remote Jobs Seekers (Article by FlexJobs)

LinkedIn
Rock Your LinkedIn Profile
LinkedIn For Students

Phone and Video Interviews
Interview Preparation, uOttawa’s Career Development Centre
Tips to a successful Skype Interview (Article by Jane Borla, uOttawa Telfer Career Centre)
Tips for a Phone Interview (Article by Morgan Fong, uOttawa Telfer Career Centre)

Personal Resources, COVID-19 Pandemic

Up-To-Date Information for University of Ottawa Students
University of Ottawa Coronavirus Webpage

Advice and Further Reading: Working from Home
Telework / Telecommuting (Canadian Centre for Occupational Health and Safety)
How to Work from Home Effectively During the Coronavirus Crisis (Article by Randstad)

Mental Health and Wellness
Mental Health and Wellness Services, uOttawa
Mental Health and COVID-19 (Ottawa Public Health)
COVID-19 Tips and Resources (Bell Let’s Talk)
Covid-19 and Mental Health at Work (Government of Canada)
Mental Health and The Covid-19 Pandemic (CAMH)
Resource Hub during the COVID-19 Pandemic (MHCC)
Big White Wall (free online mental health support network)

Ontario Only
Good2Talk (Ontario’s 24/7 helpline for postsecondary students)
Bounce Back Ontario (CMHA Ontario)

Quebec Only
**Provincial and Federal Aid**

*Service Canada’s Benefit Finder*

*Student Loan Payments*

*The Canada Emergency Wage Subsidy (Government of Canada)*

*Guide to Provincial and Federal Government Aid* (Compiled by Dr. Jennifer Robson, Associate Professor of Political Management at Carleton University)