

## Reflection Exercise: Listing your Options

Here are two grids you can use to list your options. Don't hesitate to use only the one you prefer, to modify them or to create a different one that better suits your needs.

### A. COLUMN-BASED GRID

MY OPTIONS	Relevant Experiences	Relevant Information
1.		
2.		
3.		

### B. ROW-BASED GRID

<b>OPTION 1:</b>
Relevant Experiences:
Relevant Information:
<b>OPTION 2:</b>
Relevant Experiences:
Relevant Information:
<b>OPTION 3:</b>
Relevant Experiences:
Relevant Information: