



Health Haven

Location: 9-3780 Fallowfield Rd. Nepean, ON Tel: 613-820-3694

Primary Preceptor: Dr. Jak Nehme

The Health Haven clinic is a community family medicine practice, recently opened in July 2021, in the growing community of Barrhaven.

Our clinic provides care to patients of all ages, from newborns to the elderly. Drs. Al-Masri and Piedra have a special interest in minor procedures, while Drs. Nehme and Twiddy have a balanced practice.

Residents will be primarily training with Dr. Nehme, but on a day to day basis may train with any of the other 3 physicians should interesting cases present themselves. All 4 doctors are young and passionate about family medicine. Dr. Piedra also works in a dermatology clinic, Dr. Al-Masri works in rural emergency medicine shifts (Carleton Place) and Dr. Nehme also does work with elderly/palliative patients in a retirement home setting.

The clinic uses Telus Practice Solutions EMR. Three full time receptionists help manage the busy day to day practice. Dr. Nehme trains family medicine residents, as well as medical students on a regular basis. Dr. Al-Masri occasionally trains 1st and 2nd year medical students. Of note, Drs. Nehme, Al-Masri and Piedra all completed their family medicine residency in Ottawa (Dr. Piedra is a very recent grad, having completed his training in summer 2021).

We look forward to welcoming a new resident to our busy, vibrant clinic!