



**International and  
Global Health Office**

**Bureau de l'internationalisation  
et de la santé mondiale**

## Community health elective in partnership with Kilimanjaro Christian Medical University College (KCMUCo)

June/July 2024

### Elective description

In coordination with the Institute of Public Health at [Kilimanjaro Christian Medical University College](#) (KCMUCo) in Moshi, Tanzania, the [International and Global Health Office](#) (IGHO) is offering a community health elective for uOttawa undergraduate medical education (UGME) students. During this four-week community elective students will spend time as observers with two local organizations in Moshi, Tanzania : Kiwakkuki and the Majengo Health Centre. Participating students will spend a portion of their time with each of these organizations, learning about their role in the communities they serve and reflecting on the importance of primary health care in resource-limited settings.

### About Kiwakkuki

[Kiwakkuki](#) works with grassroots community groups across the Kilimanjaro region on various HIV and AIDS prevention and support programs, including a community development project centered around agricultural skills and a program to mitigate the psychosocial and socioeconomic impact of HIV on children.



## About the Majengo Health Center

The Majengo Health Center provides outpatient medical services, including maternal and newborn health care. Through its affiliation with KCMUCo, Majengo has an embedded research project on mother to child HIV transmission, as well as support programs to promote a holistic approach to health, including through breastfeeding promotion, access to microcredit, and access to mental health services.

### INFORMATION SESSION

The IGHO will hold an information session to address questions related to this elective and its bursary programs on November 15, 2023.

[Register to attend](#)

[Info Session Zoom Link.](#)

## Background on the partnership with KCMUCo

In 2021, the University of Ottawa signed a Memorandum of Understanding with KCMUCo with the objective of building a long-term, sustainable partnership that provides opportunities for collaboration and reciprocal student and faculty exchanges in education, research, and clinical care. At uOttawa, the IGHO is the main coordinating body of this partnership.

## About KCMUCo

KCMUCo was established in 1997 as one of the six constituent colleges of Tumaini University, by the Evangelical Lutheran Church of Tanzania. It is situated 4 kilometers north of Moshi on the slopes Mount Kilimanjaro, Tanzania, and offers academic programs in medicine, nursing, basic sciences, and public health (through its [Institute of Public Health](#)). KCMUCo is also affiliated with the Kilimanjaro Christian Medical Centre (KCMC) teaching hospital which serves as a government referral hospital for Northern Tanzania, serving a population of more than 15 million people.

## Eligibility

To apply, candidates must meet the following criteria:

- Be registered as a full-time student in the first or second year of the MD program at the Faculty of Medicine of the University of Ottawa
- Have a demonstrated interest in global health
- Have a demonstrated understanding of the ethics of international volunteerism and global health work
- Be in good academic standing

Successful candidates will also be required to fulfill the following:

- Request approval of the international elective through the UGME office

- Complete mandatory IGHO virtual and in-person pre-departure training with IGHO. In-person training will take place on May 10, 2024.
- Complete the uOttawa International SOS safety and security online training modules
- Register on the uOttawa International Travel Registry and International SOS
- Complete the registration of Canadians Abroad on the Global Affairs Canada website
- Attend a mandatory debrief session post-elective (Date TBD in September 2024)

### Accommodation

Students will stay in double-occupancy (shared) rooms in a home located on the Doctor’s Compound, which is managed by KCMUCo. The Doctor’s Compound is a 15-minute walk to KCMUCo and provides a secure housing arrangement with basic amenities.



### Costs

Students are responsible for covering the costs of their travel, housing, immunizations, visa, local transportation, and food.

The table that follows provides estimated costs for some of the key expenses. Please note that these estimates are intended to help you plan for this elective but actual item lines and total costs may vary significantly.

Expense	Estimated cost (in CAD)
<b>Flight</b>	\$2,500
<b>Immunizations/prophylactic medicines</b>	\$250
<b>Accommodation (on Doctor’s Compound)</b>	\$150
<b>Food</b>	\$500
<b>Visa</b>	\$70
<b>Local taxis</b>	\$200
<b>TOTAL</b>	<b>\$3,670</b>

## Financial support

Applicants are encouraged to apply for the [International Elective Bursary](#) offered by the IGHO and the uOttawa International Office, which awards medical students with a \$1,000 bursary to offset travel costs associated with their international elective.

Candidates can apply to both the elective and bursary funding in a single application.

Note: this bursary cannot be combined with other scholarship or bursary funding for the elective. However, we encourage selected applicants to pursue fundraising activities to help build awareness and support the costs of their travel.

## Application process

To be considered, please complete the [online application](#) by December 1, 2023.

The timeline of applying to this elective and receiving approval from the UGME office is shown below. Please note that final confirmation to participate in this elective is contingent on approval from UGME.

