Frontenac Doctors
189 King St W
Kingston
(across from Breakwater Park, 5 min walk from KHSC)

Our location – beautiful view of the lake where we swim, picnic, go for a walk at lunch

Dr. Elaine Ma
Dr. Anthony Vu
Dr. Olivia Spohn
Dr. Jacqueline Sproule
Dr. Brent Wolfrom
Your Name Goes Here!

Contact Dr. Elaine Ma, Lead Physician
elaine.ma@frontenacdoctors.ca
or 613-484-6690 (text is best)
Warm reception area allowing for collaboration and effective registration of patients. Patients can also self-check-in for those who prefer to do it themselves.

12 exam rooms with identical layouts to make for efficient workflows.

Medical assistants room our patients, do all heights, weights, BPs, IM injections – letting you focus on the medicine.

All doctors share an office – allows for great collaboration and mentorship.

Full-sized kitchen in our staff room! Beautiful view over Lake Ontario & Breakwater Park!
Two options to join our office!

**Option #1**
Assume 1000 patient practice with room to grow

- Well-maintained charts
- Balanced practice across all ages of well-managed patients
- Gross income ~$22,000 per month + FHO bonuses
- Each patient added averages $22 per patient per month (1200 patients would gross $27,400 per month)
- Overhead $7500 + nursing $600 per month
- Overhead is an equal cost share - does not go up if you increase roster size

**Option #2**
Start your own practice on Income Stabilization (IS)

- Get to know patients as you grow your practice by adding 50-75 patients per month over 12 months
- Office is experienced in growing practices from scratch, having supported new grads in doing so in the past
- Office offers a very streamlined, efficient intake process
- Gross income $17,064 per month
- 50% off overhead while on IS ($3750) and no charge for nursing services

https://www.doctorcare.ca/a-guide-to-the-income-stabilization-program-for-fho-physicians/

“Frontenac Doctors offers a highly supportive and collegial environment amongst the doctors. The secretaries and medical assistants are extremely helpful and efficient.”

---Dr. Camila Lancefield (previous PGY2)