

## Department of Family Medicine

Policy Name:	Required Educational Activities and protected time to attend
Approved By:	Resident Program Committee (RPC)
Date Last reviewed:	November 2, 2023
Contact Department:	P/G Program Manager <a href="mailto:dfmpgmanager@uottawa.ca">dfmpgmanager@uottawa.ca</a>

### **Purpose:**

The purpose of this policy sets out the required educational activities residents are expected to attend to successfully complete residency and the protected academic time allocated to residents to attend these activities while ensuring continuity of care.

This policy applies to block rotations, rotations based on shift work and longitudinal rotations.

### **Policy:**

#### Educational activities:

- Residents must attend the following educational activities throughout their residency, including:
  - a) FM half days back (one half day/week). When on Family Medicine Rural (FMR) rotation, residents may come back 2 full days during the rotation in lieu of 4 half days back. Residents will be exempt from attending half days back if they are on an elective or rural block that is further than 150km from their home base.
  - b) Central Academic Days (one per block)
  - c) Central SOOs (Fall and Spring)
  - d) In-Unit teaching (Montfort 1 day per block, urban setting 2 half days/week during FM Block, rural setting ½ day once a week)

#### Protected Time to attend educational activities:

- Residents should not be on call or scheduled for a shift that extends past 11:00 p.m. the night prior to their half day back.
- Residents will be relieved of their clinical duties at noon when on off service rotations on the day of their half-day back and will be expected to return by 6:00 p.m. to resume their on-call duties. If the residents are unable to be present physically at 6:00 p.m., then it is their responsibility to have another resident cover “physically” for them until they return to their service.
- Residents should not be on call or scheduled for a shift that extends past 11:00 p.m. the night prior to their Academic Day. If the Family Medicine residents are on call the day of their Academic Day, they will be relieved of their clinical duties for the day and will be expected to resume their on-call duties by 6:00 p.m. It is the resident’s responsibility to verify their schedule and advise the service of any conflict.