

Department of Family Medicine

Sport & Exercise Medicine

Policy Name:	Field Side & Event Coverage
Approved By:	FM-ESFP Committee
Date Last reviewed:	September 30, 2021
Contact Department:	P/G Program Manager 613-562-5800 ext. 2056 dfmpgmanager@uottawa.ca

Purpose:

The purpose of this policy is to ensure the preparation and safety of residents while undertaking field side / event coverage as part of their enhanced skills in Sport and Exercise Medicine program.

Policy

- The resident shall be aware of the attending / on-call physician available for each event they are covering and should make contact with the physician before the event to ensure availability and to review back up plans should they be unable to reach the attending
- The resident shall contact the attending physician for major therapeutic decisions, after managing emergency scenarios or for any specific questions or concerns while managing a patient / athlete in the field
- The resident shall inform the attending physician and / or program director at any time if they feel overwhelmed or unprepared from a safety point of view
- The resident shall review the Emergency Action Plan for the venue prior to the event and connect with the other allied health professionals in attendance for division of roles and duties and to outline their level of experience, skill level and comfort level during various emergency scenarios
- If there is no suitable EAP available, the resident is to contact the attending physician as soon as possible
- The resident shall ensure they have appropriate emergency equipment and supplies (including physician medical kit, access to AED). The medical kit should contain a method to safely dispose of sharps and other hazardous materials.

- The resident shall keep appropriate documentation of any athlete / patient seen at the event and upload into the appropriate electronic medical record
- The program is responsible for providing the residents with timely training in field and event side coverage prior to the resident engaging in any such event
- Residents are required to inform the program of any safety concerns as they arise, decline involvement in any activity or event that they deem unsafe until appropriate safeguards are in place and to request additional training should they identify the need
 - No negative repercussions will be encountered for residents who decline participation in an event based on safety concerns
 - All resident safety concerns will be brought forth to the Sport and Exercise Medicine residency program committee for discussion to avoid future similar experiences
- Residents may request to perform event coverage in the company of a supervisor, enabling them to learn one-on-one, practical approaches in this setting.
- Residents should ensure that the attending physician and/or program director is aware of the itinerary of all events they are covering to ensure someone from the program is aware for their whereabouts at all times
- Residents should not travel long distances during inclement weather for event coverage assignments. If weather prevents travel, the trainee must contact the program for alternative arrangements.
- Residents should not drive home after event coverage if they feel unduly fatigued and should arrange safe transportation home.
- Residents should not see patients / athletes after hours in health care or academic facilities without adequate support from other staff or Protection Services.
- If a resident is scheduled for event coverage late into the evening, they should make arrangements with their home service to start later or have a 'post call' day the next day should their event coverage exceed maximum allowable daily hours according to PARO rules
- Residents are instructed to contact their vehicle insurance company and advise the company of the nature of their work-related driving to ensure they have appropriate coverage. ??? Am I supposed to do this
- The program is responsible for providing adequate support and debriefing following an adverse event or critical incident during a resident's event coverage.

? something about not responsible for spectators - I think it would be reasonable to include this. I can't think of an event when it would be expected but its always possible.

? something about safety of travelling with team. – Do you mean the actual safety on the bus/train/plane/car or something about overnight trips or staying in a hotel?

Applicability: This policy applies to residents in Postgraduate year three (PGY3) Enhanced Skills In Sport and Exercise Medicine.