



The Bulletin

January 2025

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Celebrating 50 Years

Chair's Message

Our Department of Family Medicine (DFM) is celebrating its 50th anniversary in 2025! Throughout the year, we will showcase our growth, accomplishments and vision for the future as a department. Through our collective efforts and commitment, we have developed into a strong, highly effective department with a shared goal that has remained steadfast since our establishment: to advance the discipline of Family Medicine. Thank you to the contributions of our faculty, learners and staff who have made the DFM what it is today. We have a lot to be proud of!

Throughout the year, our monthly newsletters will include a trivia question about the DFM's 50 years as a department. Make sure to enter each month. At the end of the year, a prize will be awarded to each of the three faculty members who correctly answered the most questions. Click on the "Answer Trivia Question" link below to enter this month! Good luck!

[Answer trivia question](#)

Please continue to check our [DFM homepage](#) throughout 2025 for exciting updates about our department's history and the soon-to-be-launched DFM Timeline on our website. You can also visit our [Faculty Retreat webpage](#), which will provide information about our upcoming Retreat in April where we look forward to celebrating the occasion and seeing many of our faculty there!

Early Bird registration has opened for the April Faculty Retreat. To take advantage of the discounted rate, make sure to register by **Monday, February 17, 2025**.

[Register Here!](#)

There is still time to submit a poster abstract. [Submissions](#) are being accepted until **January 31, 2025**.

We are pleased to continue our CaRMS matching this month. On December 6th and 10th, 60 faculty members conducted the file reviews. This month, we look forward to 3 days of interviewing 475 candidates (January 28-30) and anticipate a successful CaRMS match. Thank you to everyone involved in this important selection process. Awards season is around the corner! We are excited to announce that our Department

of Family Medicine awards will open on **February 1, 2025**. There are 7 faculty award categories and 3 staff award categories. Refer to our [Awards and Recognition](#) webpage for more information, or contact Roslyn Ahrens at rahrens@uottawa.ca should you have any questions about the awards.

We are recruiting a Full-Time Academic Physician for the Bruyère Family Health Team and the Civic Family Health Team. This is an exciting opportunity to train our future family physician leaders and contribute to advancing our discipline within a dynamic academic teaching environment. Please consider applying and sharing these [job postings](#) with your networks. The positions will remain open until they are filled.

We are accepting the next cycle of Family Medicine Scholarship Fund (FMSF) applications until **February 1, 2025**. This is an opportunity to advance a research or innovation initiative, secure protected time/a locum to pursue scholarly work, or further technical skills or higher learning. If you are looking for support, consider applying. Download the [application form](#) or visit the [FMSF](#) webpage for more details.

Join our bilingual Family Medicine Grand Rounds (FMGR) sessions, moderated by **Doug Archibald**, Director, Research and Innovation, on the last Thursday of each month from **8:00 to 9:00 a.m.** Refer to the [FMGR](#) webpage for details and speaker information.

Best wishes for 2025,



Faculty Updates - New Leadership

Congratulations to two members of our faculty on their new leadership roles.

Dr. Lindsay Bradley, Assistant Professor, who has accepted the leadership role of Assistant Program Director, effective January 1, 2025, for a three-year term. She will also maintain her existing roles as the Enhanced Skills Family Practice Program Director and the Sports and Exercise Medicine Program Director.

Dr. David Ponka, Full Professor, has been appointed as the Interim Assistant Dean of Global Health for the International and Global Health Office (IGHO). He has led the Besrour Centre for Global Family Medicine at the College of Family Physicians of Canada and has been instrumental in our department's global health initiatives.

Preparing Residents for Emergency Scenarios: Dr. Adam Jones-Delcorde's "Nightmare" Program



Dr. Adam Jones-Delcorde, Lecturer and our Winchester Site Director, along with Dr. Aajab Abdulhussein, program co-lead, are leading a groundbreaking initiative to enhance acute care training for family medicine residents in our program. This program, inspired by a similar initiative at Queen's University and developed with guidance from its creators, is designed to prepare first-year residents for high-pressure "nightmare" scenarios such as shock, respiratory distress, arrhythmias and altered

consciousness.

Recognizing the critical need for acute care training during curriculum renewal, Dr. Jones-Delcorde, Dr. Abdulhussein, and their team have adapted the Queen's model to create a hands-on, simulation-based program tailored to Ottawa's unique needs. The program integrates bilingual learning materials, recorded lectures, and realistic simulation cases that mirror emergencies that residents may face while on-call in hospital settings.



Dr. Jones-Delcorde providing an update on the Nightmares project at our DFM Assembly in October 2024.

Currently, the team is finalizing case scenarios and preparatory resources. The pilot project, set to launch in July at the SIM Centre, will include 12–16 first-year residents. This pilot will help refine the curriculum, aiming for eventual implementation across all first-year cohorts.

Dr. Jones-Delcorde highlights the program's collaborative nature, crediting the contributions of acute care practitioners and support from the Project Management Office. With its emphasis on practical skills and preparedness, the program exemplifies the Department of Family Medicine's commitment to innovative medical education, and the impact of establishing partnerships.

"Acute care is an essential part of Family Medicine, and the Outcomes of Training Project showed us that most FM residencies probably have a gap in this area. Queen's University solved this problem more than a decade ago with its Nightmares program, and we want to replicate their success. With help from Queen's, we hope to build a simulation-based program that can equip all PGY-1 residents in Family Medicine with the skills required to manage the most common emergencies that they'll face in the ED or the inpatient ward."

Invitation: Clinical Review of Draft Standardized eReferral Forms

The development of standardized eReferral forms is a collaborative initiative between Ontario Health and the eHealth Centre of Excellence (eCE). They are working to

ensure that these forms reflect best practices, meet clinical needs, reduce administrative burden, and prioritize patient care. Your input is crucial to achieving these goals.

The clinical review period is from **January 20 to February 7, 2025**.

To participate:

- Visit the [eCE website](#) to review the draft, interactive eReferral forms.
- Select the form(s) relevant to your specialty or those you frequently refer to.
- Provide your feedback through the embedded survey.
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If the specialty's eReferral form you would like to review is not listed, please contact ereferralforms@ontariohealth.ca. You will be informed if the form is part of the current review phase and sent a link if it is available.

For more information about the Patients Before Paperwork (Pb4P) initiative, please visit the [Ontario Health website](#).

Call for Facilitators for Learning Activities for Francophonie Month

Dr. Stefan de Laplante, Assistant Professor and Co-Director, Family Medicine Residency at the Montfort Hospital, is organizing bilingual **Linguistic Simulated Clinics**, which are interprofessional simulation-based learning activities, as part of Francophonie Month in March 2025. Recruitment has begun for preceptors and residents to help facilitate this event as part of the pre-clerkship curriculum for medical students at uOttawa. [Please read the full event description and how to become involved here.](#)

The sessions will be conducted synchronously online via the Zoom platform. Participants can join from home or the office and choose to attend one or more of the following sessions:

- **Monday, February 24, 2025, 12:30 to 6:00 p.m.**
- **Friday, February 28, 2025, 12:30 to 6:00 p.m.**
- **Friday, March 7, 2025, 12:30 to 6:00 p.m.**

To register, please contact Agnès Collet at acollet@uottawa.ca. Should you have any questions, please reach out to Dr. Stefan de Laplante at stefan.delaplante@esfam.ca.

Upcoming Events



GAD7s Choir

Dr. Erika Tanner, Assistant Professor and lead of the uOttawa Medical Choir, aka the GAD7s, welcomes you back for another year of music, fun and singing! Choir practices have resumed weekly on **Thursday evenings from 6-7:30 p.m.** Note the new location: **850 Peter Morand, Room 122/123**. All are welcome! Please contact Dr. Tanner should you have any questions: erika.lee.tanner@gmail.com

The inaugural meeting of the DFM Planetary Health Network

The first meeting of the new DFM Planetary Health Network will be held via Zoom on **January 30, 2025, from 4:30-5:30 pm**. This meeting is open to anyone in the Department who is

interested in climate change preparedness and planetary health; you do not have to have an ongoing project in this area to attend. The objectives are to meet with people who share this interest, explore current initiatives, and brainstorm what we would like to see in the future. Please contact Dr. Patricia Huston at phuston@uottawa.com for more information and to receive the link to the meeting.

2025 Meridith Marks Day

The [2025 Meridith Marks Medical Education Day](#) will take place from **May 2 to 3, 2025**. Visit the webpage for program information or contact Sue Humphrey-Murto at shumphrey@toh.ca if you have any questions.

2025 International Refugee and Migration Health Conference (IRMHC)

The International Refugee and Migration Health Conference (previously offered by the Society of Refugee Healthcare Providers as the North American Refugee Health Conference or NARHC) will be held from **June 27 to 29, 2025** in Halifax, Nova Scotia. Abstracts are being accepted until **Feb. 1, 2025**. To learn more or submit an abstract, please visit the [Society of Refugee Healthcare Providers](#) webpage.

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