

Typical Program Sequence for Students in the Clinical Psychology PhD Program (Admission Prior to Fall 2020)

Please note that this table represents a typical program sequence for a student entering the program on the basis of a bachelor’s degree. **Components may vary across students and for students admitted on the basis of a master’s degree.** Please consult with your research supervisor, the Clinical Program Director, the Co-ordinator of Practica and Internships, and/or the Director of CPSR for any variations from this typical sequence.

	Coursework	Research	Clinical Training
Year 1	<ul style="list-style-type: none"> <li>History and Systems (sometime in Years 1-3, if necessary)</li> <li>Assessment</li> <li>Intervention &amp; Consultation</li> <li>Statistics (Univariate &amp; Multivariate)</li> <li>Ethics &amp; Professional Issues</li> <li>Applied Psychopathology</li> </ul>	<ul style="list-style-type: none"> <li>Master’s Level Research Practicum</li> <li>Start planning for Clinical Research Methods (the primary course assignment is to draft your dissertation proposal)</li> </ul>	<ul style="list-style-type: none"> <li>Winter Term: Start observing CPSR supervision (optional)</li> <li>Spring/Summer Term:               <ul style="list-style-type: none"> <li>CPSR Orientation (1 day)</li> <li>First CPSR case</li> <li>Begin attending Case Conference</li> <li>Orientation to clinical training and to external practicum training (group format)</li> <li>“SCID Boot Camp” (3 half-days; includes watching several videos at CPSR prior to Boot Camp)</li> </ul> </li> </ul>
Year 2	<ul style="list-style-type: none"> <li>Program Evaluation</li> <li>Clinical Research Methods</li> <li>1-3 additional courses (CPA core content courses and/or supplementary clinical courses)</li> </ul>	<ul style="list-style-type: none"> <li>Progress on dissertation (e.g., writing drafts of proposal sections, collecting data, developing thesis committee)</li> </ul>	<ul style="list-style-type: none"> <li>Continue attending Case Conference</li> <li>Continue CPSR case(s)</li> <li>November: First individual meeting with the CPI to develop personalized training profile (select first external practicum options)</li> <li>March: Begin external practicum</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>1-3 additional courses (CPA core content courses and/or supplementary clinical courses)</li> </ul>	<ul style="list-style-type: none"> <li>Dissertation proposal approval meeting (with committee) <b>and/or</b></li> <li>Some data collection <b>and/or</b></li> <li>Proposal draft submitted to the supervisor</li> </ul>	<ul style="list-style-type: none"> <li>Continue attending Case Conference</li> <li>Continue CPSR case(s)</li> <li>Continue external practica</li> <li>Winter Term:               <ul style="list-style-type: none"> <li>Final Case Conference term</li> </ul> </li> </ul>

			<ul style="list-style-type: none"> <li>○ Present at Case Conference</li> <li>● Spring/Summer Term: <ul style="list-style-type: none"> <li>○ First opportunity to complete Supervision Workshop</li> </ul> </li> </ul>
Year 4	<ul style="list-style-type: none"> <li>● 1-3 additional courses (CPA core content courses and/or supplementary clinical courses)</li> </ul>	<ul style="list-style-type: none"> <li>● Dissertation proposal approval meeting (with committee)</li> <li>● Work on dissertation (data collection/analysis, writing)</li> </ul>	<ul style="list-style-type: none"> <li>● Continue external practica (and CPSR cases if applicable)</li> <li>● Spring/Summer Term: <ul style="list-style-type: none"> <li>○ Complete Supervision Workshop if not already completed</li> </ul> </li> </ul>
Year 5	<ul style="list-style-type: none"> <li>● Complete any remaining courses (all courses must be completed prior to the Fall Term if applying for internship)</li> </ul>	<ul style="list-style-type: none"> <li>● For students applying to internship: <ul style="list-style-type: none"> <li>○ Complete dissertation data collection before Oct. 1st</li> <li>○ Develop detailed plan for completing analyses and a draft of the dissertation</li> </ul> </li> <li>● For students not applying to internship: <ul style="list-style-type: none"> <li>○ Continue dissertation data collection/analysis, writing</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Continue external practica (and CPSR cases if applicable)</li> <li>● First year where it is possible to apply for internship (if criteria are met)</li> <li>● For students applying to internship: <ul style="list-style-type: none"> <li>○ Attend 3 preparatory group meetings with the CPI</li> </ul> </li> <li>● Spring/Summer Term: <ul style="list-style-type: none"> <li>● Complete Supervision Workshop if not already completed</li> </ul> </li> </ul>
Year 6	<ul style="list-style-type: none"> <li>● N/A</li> </ul>	<ul style="list-style-type: none"> <li>● For students applying to internship: <ul style="list-style-type: none"> <li>○ Complete dissertation data collection before Oct. 1st</li> <li>○ Develop detailed plan for completing analyses and a draft of the dissertation</li> </ul> </li> <li>● For students on internship: <ul style="list-style-type: none"> <li>○ Continue dissertation data collection/analysis, writing, defense, submission.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Complete external practica <b>and/or</b> complete internship</li> <li>● For students applying to internship: <ul style="list-style-type: none"> <li>○ Attend 3 preparatory group meetings with the CPI</li> </ul> </li> </ul>
Year 7	<ul style="list-style-type: none"> <li>● N/A</li> </ul>	<ul style="list-style-type: none"> <li>● Final year to submit and defend dissertation</li> </ul>	<ul style="list-style-type: none"> <li>● Final year to complete internship</li> </ul>

### **Additional points to note:**

- Students are enrolled in a fulltime MA/PhD program and therefore are expected to be involved in program-related activities during the entire academic year (including the summer term), except during vacations. Please note that many essential program requirements take place during the Spring/Summer term (i.e., May-August). Additionally, students' first cases at CPSR are typically assigned between June-October (end of year 1, beginning of year 2). You may be expected to begin attending supervision prior to a case being assigned.
- In addition to statutory holidays and the December university break, the University of Ottawa allows for 3 weeks of vacation for graduate students (please note, Fall and Winter reading weeks are *not* approved vacation times).
- To meet your Case Conference requirement, you must attend 6 full terms (i.e., 2 academic years of case conference, and present one of your cases to the rest of the group (usually in the Winter semester of your second year of attendance). Case conference takes place Wednesday mornings; exact dates are determined near the beginning of each term.
- The Clinical Research Methods course typically takes place in the Fall semester of Year 2. This course is designed to help students write a significant portion of their dissertation proposal. It is strongly advised to determine your specific topic and general methodology during Year 1 of the program to then be able to focus on aspects of your proposal for the Clinical Research Methods course.
- Students are strongly encouraged to take Multicultural Psychology, which can fulfill either the social bases of behaviour core content course requirement or one of the supplementary clinical course requirements.
- For students who have not met the second language requirement at the beginning of the program, it is strongly advised to complete this requirement as soon as possible. The University will not permit you to submit the dissertation until the second language requirement has been met.
- In Years 1 and 2, most students' schedules are structured around courses. Beginning in Year 3, the number of courses taken in a term is reduced and the percentage of time devoted to practicum training is increased. This change necessitates the active use of time management strategies from students, especially to ensure that sufficient time is devoted to the dissertation.
- Students may complete the Supervision Workshop as early as the Spring/Summer term of the 3<sup>rd</sup> year. It must be completed prior to internship. Please note that it is offered in English and French in alternating years.
- Beginning in the Fall term of the 2<sup>nd</sup> year, students will meet annually (one-on-one) with the CPI to update their individualized clinical training profiles and plans.

Allison Ouimet, PhD, and the Clinical Program Committee (December 2019)  
Revision approved by the Clinical Program Committee (March 2024)