Treatment of Nasolacrimal Duct Obstruction (Dacryostenosis)

Massage Instructions for Right Eye (reverse the

1. Have the child facing you and place your right thumb into the nasal corner of the child's affected eye

2. Place the four digits of the same hand onto the child's opposite temple

3. Firmly press with your thumb five times.

4. Repeat the above five times a day

5. Apply Polysporin Eye Ointment (not drops) on your index finger and wipe across the child's eyelashes three times a day if the eye is red.

Continue the above treatment for three weeks. Re-start treatment again when the first signs of discharge appear.

In order to see results, the above steps must be followed as directed.