



Institut de recherche  
sur le cerveau

Brain and Mind  
Research Institute

# CONNECT.EXCITE.HEAL.



## October Edition

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## Healing Through Music

# Music and Health Research Institute

*Partnered with the uOBMRI*

Welcome to day 1 of the Connect.Excite.Heal. Series October edition! Did you know that the uOBMRI is partnered with the Music and Health Research Institute (MHRI)?

## *Core Principles of the MHRI*

*Interdisciplinarity*

*Actionable Research*

*Implementation*

*Collaborations*

*Equity, Diversity, and Inclusivity*



The MHRI is dedicated to exploring the interactions between music and health and developing solutions that can improve well-being for individuals and communities. The core principles of the MHRI align with the mission of the uOBMRI, creating an impactful partnership. Visit the MHRI's [website](#) to learn more about their work, and check out the uOBMRI's other partnerships on [our website](#). Finally, look out for tomorrow's post to hear about an exciting project ignited by this partnership!

# uOBMRI Team Grant

## Supporting Music and Health Research

### *Aim*

Implement and evaluate the impact of a music-based intervention on anxiety and depression symptoms of people living with dementia.

### *Intervention*

*Percussion ensemble playing, a well-established group-based and participant-centered music approach. No previous musical training is necessary.*



## **Dr. Gilles Gomeau, *Principal Investigator***

**Director, Music and Health Research Institute  
Professor, School of Music, University of Ottawa**

For day 3 of the October edition, we are announcing 1 of 6 projects recently awarded a uOBMRI Team Grant. Each year, the uOBMRI invites research proposals from multidisciplinary teams dedicated to advancing brain and mind research.

Following a rigour peer-review process, the uOBMRI and its partners work together to provide matching funds to propel excellent proposals. This year, Dr. Comeau's proposal was funded by the uOBMRI team grants.

This innovative project will implement and evaluate the impact of a music-based intervention on anxiety and depression symptoms of people living with dementia. To learn more about the uOBMRI Team Grant competitions, [visit this link.](#)

In the November edition of our Connect.Excite.Heal. Series, we will announce all the 2023 uOBMRI Team Grant Awardees! Follow us on X (Twitter), Facebook, and LinkedIn so you don't miss it!

[Twitter](#), [Facebook](#), and [LinkedIn](#)



*The uOBMRI invites you to*

# ROCKIN' WITH THE DOCS



**BUY YOUR TICKETS!**

**Dec 1st 2023, 7pm - 10pm**

*ONE UP COCKTAIL PUB, 1 BEECHWOOD AVE. 2ND FLOOR*

*The uOBMRI presents*  
**PHENOTYPE**  
*FEATURING - VIBES TRIO*



Rock out as a drummer, and be a leading Stroke Neurologist? Dr. Dowlatshahi (Dr. Dar) and his band Phenotype are making it happen! For the final day of the October edition, we are inviting you to join us to connect music, health, and community!

On December 1st, rock out to a live performance by Phenotype – a band composed of local health care professionals and researchers! Also, enjoy a performance by Vibes Trio, along with great food and drinks. [Buy your tickets here.](#)