



Institut de recherche  
sur le cerveau

Brain and Mind  
Research Institute

# CONNECT.EXCITE.HEAL.



## December Edition

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## Celebrating 2023

# NEW CONNECTIONS

Brain-Heart Interconnectome

Transforming the prevention and treatment of BRAIN-HEART conditions, improving the health of Canadians and people world-wide.

✉ ICC-BHI@uottawa.ca

***Announced April 2023***

For day 1 of the December edition, we are again celebrating the monumental \$109 million grant from the Canada First Research Excellence Fund (@TIPS\_SPIIE), awarded to the University of Ottawa to establish The Brain-Heart Interconnectome (BHI)

This initiative was led by uOBMRI director Dr. Ruth Slack and director Dr. Peter Liu. Learn more about the BHI [here](#).





# RESEARCH EXCELLENCE

Founding new research programs

**May 2023**

Dr. Jennifer Phillips leads new clinic at The Royal which uses esketamine to treat severe depression



**November 2023**

Dr. Roger Zemek's team receives \$5.4M grant from Ontario Brain Institute for TRANSCENDENT Research Program



For day 2 of the December edition, we look back at our community's impactful research advancements with pride. Notably, the work of Dr. Jennifer Phillips and Dr. Roger Zemek drove the creation of two new research programs.



# LEADERS IN INNOVATION

Driving research excellence

**March 2023**

Dr. Nafissa Ismail is elected to the College of New Scholars of the Royal Society of Canada



**May 2023**

Dr. Smita Pakhalé is awarded the first Equity, Diversity, and Inclusion in Research Award from the University of Ottawa



For day 3 of the December edition, we are highlighting our exceptional community of uOBMRI members who drive research excellence every day. Notably, Dr. Nafissa Ismail and Dr. Smita Pakhalé were recognized for their stellar work by [@src\\_rsc](#) and [@uOttawaResearch](#), respectively.



# COMING TOGETHER

Connecting to support research

**March 2023**

MS in Motion for  
Multiple Sclerosis

**May 2023**

Stem Cell Research  
Spotlight

**May 2023**

Parkinson's Update:  
Moving Forward Together

**June 2023**

Epilepsy, Neurophysiology  
and Neural Modelling

**September 2023**

Centre for Neural Dynamics  
and AI Research Spotlight

**June 2023**

Brain Health Research  
Day

**October 2023**

Alzheimer's Disease and  
Other Related Dementias  
Research Spotlight

**December 2023**

Rockin' with the Docs

For the final Connect.Excite.Heal. post of 2023, we are thanking our community for coming together to support research this past year! The uOBMRI has been proud to host numerous events aimed at sharing knowledge and raising funds to support the future of brain and mind research.