

## TRIMS Awards

### Trainee Researchers in Multiple Sclerosis Awards

The University of Ottawa Brain and Mind Research Institute (uOBMRI) is pleased to announce the TRIMS request for applications. The purpose of these awards is to support both basic science and clinical researcher trainees conducting research in multiple sclerosis. A maximum of 2 awards will be made: one to a basic science trainee and one to a clinical researcher trainee.

#### **How to apply:**

1. Fill out the **application information form** found below.
2. Submit:
  - a **lay summary** of your proposed research (200 words max)
  - a **research summary** (1 page max, excluding references) explaining the proposed research project related to multiple sclerosis. Include a brief background, research questions, and methodology.
  - your **training experience** (1 page max) describing how the proposed research and involvement with the uOBMRI Multiple Sclerosis Research Group will advance your training and career goals.
3. Attach up to date **school transcripts, two letters of reference** and your **CV** (limit of 2 pages).

The research summary and training experience documents should be *single spaced, 12-point font with 1" margins*. Please submit your complete application, in **one PDF** file, to Sarah Schock [sschock@uottawa.ca](mailto:sschock@uottawa.ca). *Reference letters can be sent separately, but please note that it is the applicant's responsibility to ensure the references are submitted on time. If not received, the application will be considered incomplete.*

**Competition deadline:** Friday May 17, 2024, 11:59 pm

#### **Eligibility criteria:**

The applicant must:

1. be a Canadian citizen, a permanent resident, a person with protected/refugee status or an international student;
2. be a graduate student (MA/MSc or PhD level), a post-doctoral fellow, a medical student, or medical resident;
3. demonstrate academic excellence;
4. conduct research relating to multiple sclerosis that is supervised by a researcher at a uOBMRI partner organization; and
5. not hold other awards (e.g., NSERC, CIHR, SSHRC) if they accept the TRIMS award.

**Funding amount:** \$10,000 for 1 year (not renewable, but trainees can apply to future competitions).

#### **Award conditions:**

TRIMS Award recipients must:

- Present the results of their research at an MS Mingle Work-in-Progress Meeting
- Awardee **and supervisor** must participate in at least one MSRG fundraising initiative
- Participate regularly in MSRG trainee events and activities
- Participate in at least one MSRG or uOBMRI networking or community engagement initiative
- Submit an abstract to at least one relevant national or international conference

**Application Form**

TRIMS Award	
DATE:	
NAME OF APPLICANT:	
AFFILIATION:	
POSITION:	
PROJECT TITLE:	
EMAIL:	
PHONE NUMBER:	
INSTITUTIONAL ADDRESS:	
NAME OF SUPERVISOR:	