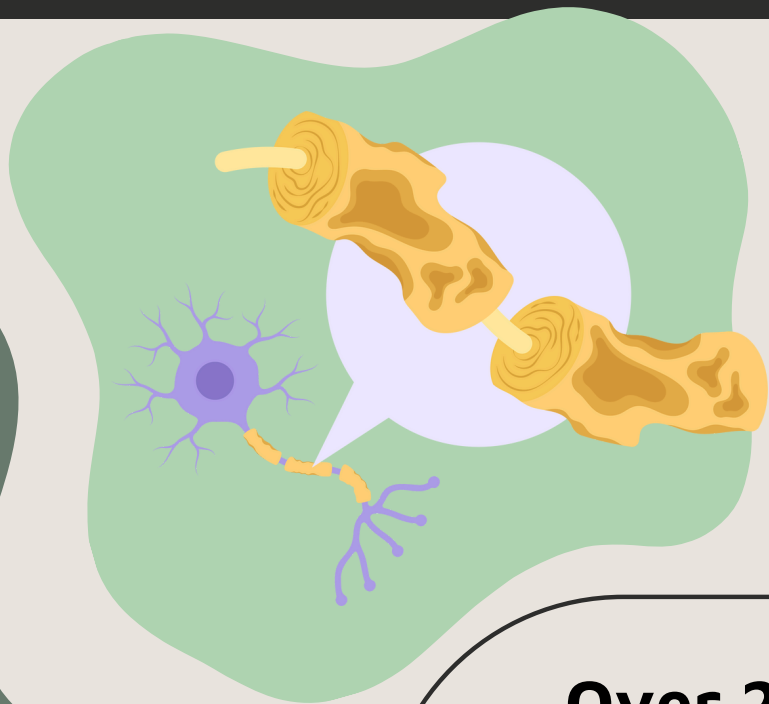


# CONNECT. EXCITE.HEAL.

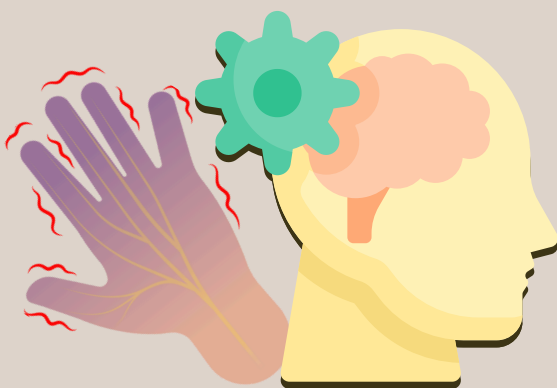


# Did You Know? | *Multiple Sclerosis (MS)*



**In MS, the immune system causes inflammation and deterioration of neurons in the brain and spinal cord.**

**Over 2.8 million people worldwide have MS, and Canada has one of the highest global rates of MS.**



**MS affects motor and sensory functions, as well as mood, fatigue, cognition, and quality of life.**



# Multiple Sclerosis Research Group (MSRG)

*Researching what matters to people with MS*

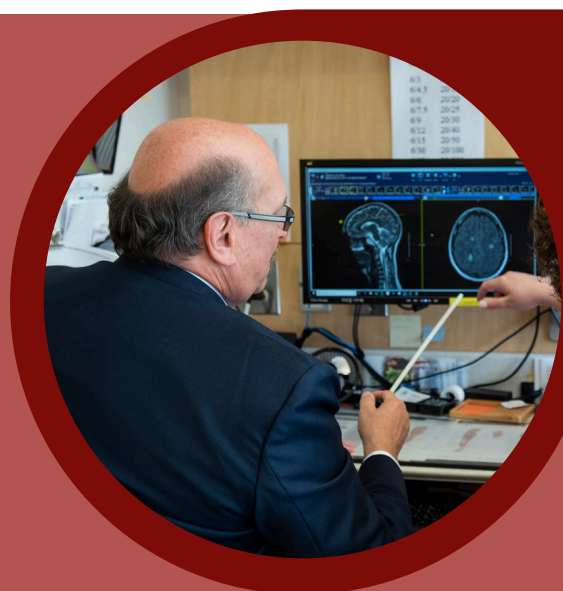
**Developing  
Better  
Treatments  
for MS**



**Improving  
Outcomes  
with  
Exercise**



**International  
Collaboration  
to Examine  
New Stem Cell  
Therapies**



**Designing  
Interventions  
to Improve  
Cognitive  
Fatigability**



# The Future of MS Research

*Training the next generation & making an impact*

## **DID YOU KNOW THAT RESEARCH TRAINEES...**

**Are mostly graduate students and postdoctoral fellows living on modest stipends or grants**

**Share their findings in scientific journals & conferences, and in the community**

**Work full-time conducting impactful research and designing novel studies**

**Will support the future of their fields as researchers, clinicians, professors, and industry professionals**





# *How Can You Support Multiple Sclerosis Research?*

**REGISTER NOW!**



## **MS IN MOTION**

**SKI DAY & APRÈS SKI EVENT**

**SUPPORT TRAINEES IN  
MS RESEARCH**

**MONT STE-MARIE**

**8 MARCH  
2024**