



Department of Family Medicine | Faculty Retreat Agenda
Destination Family Medicine | Destination Médecine Familiale
 Montebello, Quebec | Friday, April 1 – Saturday, April 2, 2022

Time	Friday, April 1, 2022
9:00 AM – 11:00 AM	Registration - Main Lobby
10:00 AM – 12:00 PM	By Invitation: Communities of Practice Business Meetings & Light Refreshments – Concurrent Full Time Academic (FTA) physicians – Canada Room (2.0 hours) Organizer: Dr. Clare Liddy & Dr. Eric Wooltorton <i>Surviving vs. Thriving as Academic Family Physicians</i> In small groups, the FTAs will: <ol style="list-style-type: none"> 1. Analyze the many competing roles and challenges of being an academic family physician 2. Distinguish activities that can produce an academic focus 3. Examine opportunities for clinician-educators and teachers to fully advocate for personal passions, take on leadership roles, committee work and scholarship, and ensure succession planning <i>Note: Specific tables will be organized for PGY3 Directors to participate</i>
	Research Community of Practice – Le Club Room (non-accredited) Organizer: Dr. Doug Archibald <i>Current State of Affairs and Future Directions</i> <i>Meeting objectives:</i> <ol style="list-style-type: none"> 1. Discuss research and innovation capacity development 2. Discuss and set medium and long-term directions for research with the Department of Family Medicine
12:00 PM – 1:00 PM	Lunch – Aux Chantignoles Restaurant
1:00 PM – 2:00 PM	Concurrent workshop #1: Montebello Room
	<i>Doc to Doc Wellness Program Simplified – Dr. Aly Abdullah</i> By the end of this session, participants will be able to: <ol style="list-style-type: none"> 1. Implement a personal and mentorship Wellness Program in one hour 2. Describe the key resources of the Doc-to-Doc Wellness Program 3. Incorporate Wellness in their life and their mentorship
1:00 PM – 2:00 PM	Concurrent Workshop #2: Le Club Room
	<i>Everything Old is New Again: Teaching Geriatric Principles to Residents – Dr. Hélène O'Connor</i> By the end of this session, participants will be able to: <ol style="list-style-type: none"> 1. Discuss and incorporate geriatric principles into clinical teaching with residents, specifically: deprescribing, falls assessment, cognitive assessment, goals of care and advanced care planning 2. Describe common challenges learners face caring for elderly patients and how to overcome these challenges
2:00 PM – 4:00 PM	Leisure Activities *Room check-in is available only at 4:00 PM*
5:30 – 6:00 PM	Appetizers and Cash bar - Canada Room
6:00 PM - 6:30 PM	Opening remarks and Awards Presentation – Dr. Clare Liddy – Canada Room
6:30 PM – 7:30 PM	Dinner – Canada Room
7:30 PM – 8:30 PM	Keynote presentation – Canada Room
	<i>The Many Paths to Leadership – Dr. Elizabeth Muggah and Dr. Mary Naciuk</i> By the end of this session, participants will be able to: <ol style="list-style-type: none"> 1. Identify how COVID has influenced Family Physician leadership 2. Explore different leadership directions and values and how these resonate with your life and career journey 3. Identify opportunities to drive and support family physician leadership in our Department and your community
9:00 PM – 11:00 PM	DJ and dancing – Canada Room

Time		Saturday, April 2, 2022	
7:30 AM – 8:15 AM	Breakfast – Aux Chantignoles Restaurant		
8:30 AM – 8:50 AM	Chair's Vision – Dr. Clare Liddy – Outaouais Room		
9:00 AM – 10:00 AM	Concurrent Workshop #3: Montebello Room	Concurrent Workshop #4: Le Club Room	
	<p><i>Concussion: Evidence-Based Management – Dr. Sharon Johnston and Dorota Nowodworski</i></p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Teach learners to diagnose concussion symptoms correctly 2. Teach learners to demonstrate optimal initial management of concussions 3. Describe "pearls" of managing persistent symptoms 	<p><i>CityStudio Ottawa: Improving Health and Wellbeing in our Region through Community-Campus Engagement – Dr. Claire Kendall and Sarah Taylor</i></p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe how CityStudio is a mechanism that can respond to Ottawa's Community Safety and Well-Being Plan 2. Identify areas where Department of Family Medicine learners and faculty might interface with CityStudio projects 3. Recognize opportunities for embedding community-campus engagement in Department of Family Medicine activities 	
10:00 AM – 10:15 AM	Break and Check-out - Luggage storage Saskatchewan Room		
10:15 AM – 11:15 AM	Concurrent Workshop #5: Montebello Room	Concurrent Workshop #6: Le Club Room	
	<p><i>Champlain Community of Family Practice: Promoting the Voice of Family Medicine into our Region – Dr. Alison Eyre, Dr. Gary Viner, and Dr. Laura Muldoon</i></p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the CCoFP, its vision and goals 2. Review the current state of Primary Care engagement 3. Create a plan to increase interest and involvement in the CCoFP 	<p><i>Diagnosing by the Book: Affect and Narrative Medicine – Dr. Leonard Bloom</i></p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Use narrative medicine to teach learners to improve diagnostic skills through attention to patients 2. Promote therapeutic alliance by use of narrative medicine in teaching clinical encounters 3. Maintain inspiration in our work by accessing our imagination 	
11:15 AM – 12:15 PM	Poster Session – Outaouais Room		
	Learning objective: Identify two changes to clinical practice or teaching you will make as a result of attending this poster session		
12:30 PM – 1:30 PM	Lunch – Aux Chantignoles Restaurant		
1:30 PM – 2:30 PM	Workshop and Panel Discussion #7 – Outaouais Room		
	<p><i>Strategies to Influence Learners to Make Family Medicine a Destination of Choice! Dr. Robin Kennie, Dr. Lina Shoppoff, Dr. Rita Hafizi, Dr. Annabelle Pellerin and Dr. Eric Wooltorton</i></p> <p>By the end of this session, participants will be able to:</p> <ol style="list-style-type: none"> 1. Analyze trends in medical student choice of specialties 2. List evidenced-based factors which influence medical students to choose FM as a specialty 3. Select context-specific strategies (i.e., layered learning, mentorship, research) to positively influence learners to choose FM 		
2:30 PM	Wrap-up & Thank-you - Dr. Clare Liddy and Dr. Eric Wooltorton – Outaouais Room		

The DFM's Innovation projects, led by Jeffrey Puncher, Director of Strategic Planning & Financial Services, will be showcased throughout the event in the Québec Room

All COVID-19 protocols apply



This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to **10.5 Mainpro+ credits**.