

EDUCATION

2019 – 2023	Doctorate in Medicine, Francophone stream, University of Ottawa, Ottawa, ON
2015 – 2019	Bachelor of Science in Kinesiology (Honours), Queen's University, Kingston, ON

ACADEMIC HIGHLIGHTS & ACHIEVEMENTS

2021 – 2022	Award in Education for outstanding clinical performance in Anesthesia <ul style="list-style-type: none">Describe the award.
2021 – 2022	Nomination for outstanding clinical performance in Otolaryngology
2021 – 2022	Nomination for outstanding clinical performance in Internal Medicine
2021 – 2022	Nomination for outstanding clinical performance in Emergency Medicine
2021 – 2022	Nomination for outstanding clinical performance in Emergency Medicine
2020	Award in Education Communicator Competency , Francophone stream, Undergraduate Medical Education, Faculty of Medicine, University of Ottawa, ON <ul style="list-style-type: none">Awarded for displaying excellent communication skills during academic, clinical and/or extracurricular activities.
2020	First Prize Award for Innovation in Research at Undergraduate Medical Education Research Day, Faculty of Medicine, University of Ottawa, ON
2019	Canadian National Champion for Varsity Soccer, Queen's University, ON
2018	NSERC – Undergraduate Student Research Award, Queen's University, ON
2015 – 2019	Dean's Honour List with Distinction, Queen's University, ON
2015	Gold Medal Recipient, Public Speaking Competition, Kingston, ON

ELECTIVES & HEALTH RELATED EXPERIENCE

CLERKSHIP ELECTIVES (YEAR 4)

2022	Otolaryngology	The Ottawa Hospital, Ottawa, ON	2 wks
2022	Otolaryngology	Montfort Hospital, Ottawa, ON	2 wks
2022	Otolaryngology	The Ottawa Hospital, Ottawa, ON	2 wks
2022	Otolaryngology	The Ottawa Hospital, Ottawa, ON	2 wks
2022	General Internal Medicine	Montfort Hospital, Ottawa, ON	4 wks
2022	Respirology	Montfort Hospital, Ottawa, ON	2 wks
2023	Cardiac Anesthesia	The University of Ottawa Heart Institute, Ottawa, ON	2 wks
2023	Emergency Medicine	The Ottawa Hospital, Ottawa, ON	2 wks
2023	Respirology	The Ottawa Hospital, Ottawa, ON	2 wks
2023	Non-clinical Elective	Medicine, Ethics, and the Humanities	2 wks

PRE-CLERKSHIP ELECTIVES (YEAR 1 & YEAR 2)

All scheduled electives in 2020 – 2021 were cancelled due to COVID-19.

2019	Family Medicine	Private practice, Ottawa, ON	10 hrs
2019	Pediatrics	The Hospital for Sick Children, Toronto, ON	40 hrs
2019	International Health	Helping Hands Hospital, Kathmandu, Nepal	120 hrs
	• Provided emergency health services to members of the Chabahil community in a non-profit hospital		

RESEARCH, PUBLICATIONS & PRESENTATIONS

PEER REVIEWED PUBLICATIONS

Smyth, R., Pugh, A., Rogers JF., Rainville, I., Calcareous, R., (2022). *This is where you enter your long research title and include all relevant information...* [In press]

- Study aims to determine...(Provide a description of the project)
- Performed a literature review, obtained ethics approval, assisted with clinic visits, chart reviews, analyzed the data, wrote parts of the manuscript ... (Provide a description of your role)

SUBMITTED MANUSCRIPTS

Smyth, R., Fung M., Bazaid L., Palmer S., Bosnyak B., (Under Review). *This is where you enter your long research title. Journal of Otolaryngology - Head & Neck Surgery.*

- Study aims to determine...(Provide a description of the project)
- Performed a literature review, obtained ethics approval, assisted with clinic visits, chart reviews, analyzed the data, wrote entire manuscript ... (Provide a description of your role)

ORAL PRESENTATIONS

Smyth, R., Pugh, A., Rogers JF., Rainville, I., Calcareous, R., *Insert the title of your presentation...*

Accepted to present at the 125th American Academy of Otolaryngology 125th American Academy of Otolaryngology – Head and Neck Surgery, Annual Conference, Oct. 4, 2022.

Rainville, I., Smyth, R., Calcareous, R., *Insert the title of your presentation...* Research findings presented at the 18th Annual Canadian Conference on Medical Education (Virtual), 2020.

POSTER PRESENTATIONS

Smyth, R., *Insert the title of your presentation...* University of Ottawa Faculty of Medicine Research Day, Ottawa, ON, 2020.

RESEARCH EXPERIENCE

2020 *Title of your research project...*

Supervisor: Dr. Carl Diologee, Department of Internal Medicine, University of Ottawa, ON

- **First Prize Award** for Innovation in Research at Undergraduate Medical Education Research Day
- Undergraduate Medical Education Research project aimed to determine...(Provide a description of the project)
- Involved with the project from start to finish, performed a literature review, obtained ethics approval, assisted with clinic visits, chart reviews, analyzed the data ... (Provide a description of your role)

NON-PEER REVIEWED PUBLICATIONS

Smyth, R., (2020) *Scrub-In: A Publication for Medical Students in Ontario, Volume 19, Issue 3, Spring.*

TEACHING & MENTORSHIP EXPERIENCE

2021 – 2022 **Facilitator:** Clerkship Bedside Teaching, Faculty of Medicine, University of Ottawa, ON

- *Provide a description of your role/responsibilities...*

2021 **Case-Based Learning Tutor:** Introduction to the Curriculum, Faculty of Medicine, University of Ottawa, ON

- *Provide a description of your role/responsibilities...*

2020 **Instructor:** MCAT Preparation Course, Prep 101, Kingston, ON

2018 – 2019 **Teaching Assistant:** Department of Health Sciences, Queen's University, Kingston, ON
2016 – 2017 **Private Tutor:** Undergraduate Health Sciences, Queen's University, Kingston, ON

LEADERSHIP & ADVOCACY POSITIONS

2022 – Present **Co-Chair:** uOttawa Faculty of Medicine Wellness Committee
• *Provide a description of your role/responsibilities...*

2021 – 2022 **VP Finance Sr. :** Aesculapian Society – uOttawa Faculty of Medicine Student Council
• *Provide a description of your role/responsibilities...*

2020 – 2021 **Executive:** Surgery Medicine Interest Group
• *Provide a description of your role/responsibilities...*

2020 – 2021 **VP Finance Jr.:** Aesculapian Society – uOttawa Faculty of Medicine
• *Provide a description of your role/responsibilities...*

2019 – 2020 **Class Representative MD 2023 Francophone Stream:** Student Affairs Advisory Committee
• *Provide a description of your role/responsibilities...*

2018 – 2019 **President:** Physical & Health Education & Kinesiology Association, Queen's University, ON
• *Provide a description of your role/responsibilities...*

OTHER CONTRIBUTIONS TO THE FACULTY OF MEDICINE

2020 – 2022 **Sectional Editor:** University of Ottawa Journal of Medicine
• *Provide a description of your role/responsibilities...*

2019 – 2020 **Presenter:** Brain Day – Teaching brain injury prevention to primary school students

2019 – 2020 **Presenter:** Mini-cours d'introduction à la médecine – Ottawa

INTEREST GROUPS

2020 – 2022 **Member:** Surgery Interest Group

2019 – 2021 **Member:** Anatomy Interest Group

2019 – 2020 **Member:** Arts in Medicine Interest Group

COMMUNITY INVOLVEMENT

2022 **Participant:** sMILES for Amanda 5K, Ottawa, ON

2021 **Participant:** Run for Amanda, supporting the Ottawa Hospital Foundation, ON

2019 – 2021 **Fundraiser/Participant:** Movember, raised \$2 000 for prostate cancer, Ottawa, ON

2019 – 2021 **Team Member:** Intramural Coed Soccer, Faculty of Medicine, University of Ottawa, ON

2016 – 2019 **Varsity Athlete:** Soccer, Queen's University, Kingston, ON

PROFESSIONAL DEVELOPMENT

2022 **Presenter:** 125th American Academy of Otolaryngology – Head & Neck Surgery, Annual Conference

2021 **Presenter: Canadian Conference on Medical Education**
2021 ACLS – Advanced Cardiac Life Support, University of Ottawa, ON
2021 Participant: Ontario Medical Students' Association, **Wellness Conference**, Ottawa, ON
2020 **Presenter: 6th Canadian Conference on Physician Health**, Ottawa, ON
2020 **Presenter: University of Ottawa Faculty of Medicine Research Day**, Ottawa, ON
2020 ASIST – Applied Suicide Intervention Skills Training, Ottawa, ON
2020 Participant: Family Medicine Clinical Skills Conference, University of Ottawa, ON
2019 Participant: OMSW – Ontario Medical Student Weekend, University of Ottawa, ON

RELEVANT WORK EXPERIENCE

2020 – 2021 **Student Mentor and Tutor:** Student Affairs Office, Faculty of Medicine, Ottawa, ON
• *Provide a description of your role/responsibilities...*
2020 **Research Assistant:** Department of Internal Medicine, University of Ottawa, ON
2016 – 2019 Associate Trainer: Sports Camp, Soccer Program, Kingston, ON

MEMBERSHIPS & AFFILIATIONS

2022 – Present CSO – Canadian Society of Otolaryngology-Head and Neck Surgery
2021 – Present CSIM – Canadian Society of Internal Medicine
2019 – Present OMA – Ontario Medical Association
2019 – Present CMA – Canadian Medical Association
2019 – Present Médecins francophones du Canada
2019 – Present Canadian Federation of Medical Students

LANGUAGES

Fluent in French and English, beginner Spanish

INTERESTS

Sports: Canadian National Champion soccer player, trainer for several soccer sports camps, avid runner (National Capital Race Weekend, Spartan Race and Terry Fox run).
Cooking: Accomplished amateur chef, recently planned and cooked a 10-course meal for 20 people.
Arts & Music: Pianist (Royal Conservatory of Music - Grade 10), violinist, improvisation theatre actor.