



Ontario Medical Students Services, Discounts and Benefits

Please visit our website at <https://www.oma.org/Students/index.htm> for more information

Legend:

CFMS = Canadian Federation of Medical Students

CFPC = College of Family Physicians of Canada (*free membership*)

CMA = Canadian Medical Association

OMA = Ontario Medical Association

OMSA = Ontario Medical Student Association

Categories:

- Educational Resources
- Financial
 - Services
 - Bursaries
- Insurance
- Medical Services
- Moving Services
- Office and Supplies
- Personal Development and Wellness
- Publications
- Technology
 - Computers
 - PDA
- Travel
 - Airline
 - Automobile
 - Hotels
 - Train
- Wireless Communications

- Educational Resources
 - Canadian Library of Family Medicine - **CFPC**
 - Online library resources
 - CyberMed classroom - **OMA**
 - Continuing Medical Education - online
 - McGraw-Hill Books and Products – **CMA**
 - Discounts on books
 - mdBriefcase – **CFMS**
 - Continuing Medical Education
- Financial Services
 - MD Financial/Management – **CMA/CFMS**
 - Banking Solutions
 - Practice Solutions
 - Line of Credits
 - Wealth Management
 - ScotiaBank – **CFPC**
 - Banking Solutions
- Financial Incentives & Bursaries
 - Final Year Stipend – **OMA**
 - 750\$/mth for last 12 months of clerkship
 - Ontario Medical Students Bursary Fund – **OMA/OMSA**
 - Financial Assistance for Medical Students
- Insurance
 - Kirkham and Jack - **CFMS**
 - Disability, Life, Critical Illness, Long Term Care, Travel and Health
 - OMA Insurance Services – **OMA**
 - Disability, Life, Auto, Home, etc.
- Medical Services
 - Lasik MD – **CFMS**
 - Laser Eye Correction Discount
- Moving Services
 - AMJ Van Lines – **OMA**
 - Premier Van Lines - **OMA**
- Office and Supplies
 - Grand and Toy – **OMA**
 - Discounts on Office Supplies
- Personal Development and Wellness
 - Mentorship Program - **OMA**
 - Physician Health Program - **OMA**
- Publications
 - CMAJ – **CMA**
 - Canadian Medical Association Journal
 - Other CMA Publications
 - Ontario Medical Review – **OMA**

- OMA Publication
 - Scrub In - **OMSA**
 - Quarterly Publication for Ontario Medical Students
- Technology – Computers
 - Dell Computers - **CMA**
 - 2-6% discount on computer systems
- Technology – PDA Software
 - Skyscape PDA Softwares - **CFMS**
 - 25% discount
 - Available on PDA, BlackBerry and iPhone
 - Various - **CMA**
 - Discounts on Lexi-Comp, Pepid, Unbound Medicine, Essential Evidence Plus, Skyscape
- Travel – Airline
 - Park 'N Fly - **OMA**
 - Discounts in Toronto, Montréal, Ottawa, Windsor, Edmonton, Calgary and Vancouver
 - Porter Airlines - **CMA**
 - 6% discount on flights
 - WestJet - **CFMS**
 - 10% off during months of January and February (Residency Interviews)
- Travel – Automobile
 - CAA Insurance - **OMA**
 - Discount on Automobile Club Membership
 - Membership Card Show and Save:
 - LensCrafters, Universal Music, HardRock Café, Pearle Vision, Sears Optical, Payless, Sirius Satellite, NAPA Auto, Marriott Hotels, Best Western, Canada's Wonderland, Hertz Car Rental
 - Hertz Car Rental - **CMA**
 - From compact to minivan
- Travel – Hotels
 - Choice Hotels - **CFMS**
 - Comfort Inn, Comfort Suites, Quality Suites, Sleep Inn, Clarion, EconoLodge and Rodeway Inn
 - 270 locations in Canada
 - Corporate Hotel Directory - **OMA**
 - Hotels in most Ontario cities have OMA Corporate Rates
 - List available in the member's section of the OMA website
- Travel – Train
 - ViaRail - **CMA**
 - 5% discount
 - ViaRail - **OMA**
 - 7% discount
- Wireless Communications
 - Bell Mobility (BAKA) - **CMA**
 - Voice and Data discounts