



uOttawa

Travel report

EVALUATION QUESTIONNAIRE OF THE NATIONAL AND INTERNATIONAL EXCHANGE PROGRAMME FOR STUDENTS RETURNING FROM ABROAD.

Country where you completed your exchange Australia
Name of the institution University of Sydney

If your institution is not listed, please write it down:

Duration of the stay

Academic year 2024/25
Start term Fall 2024 (September to December)

What are the criteria's that led you to choose this institution? Reputation / academic quality of the host institution , Discovery of a new culture, Choice of courses , Attraction for the city

Was there a booth representing the host university when you arrived at the airport? No

If so, have you received any helpful assistance? No

HOUSING

Please answer the questions.

Where did you find accommodation? Other

If you have chosen "other", please specify Homestay through the Australian Homestay Network

If you lived on campus in residence or off campus in student residences, how was the quality of the accommodation (cleanliness, tranquility, functionality and housing service) Very good

Add comment if you wish. The Homestay arrangement was especially beneficial to allow for a smoother integration and cultural immersion.

How easy was it to find your accommodation? Difficult

In which price range (\$CAN) were the available accommodations per month? Example: (between \$500 and \$1500) \$1,200-3,200

RECEPTION AND ADMINISTRATIVE SERVICES AT THE HOST INSTITUTION

Were you well received? Yes

Did you receive useful information, support and help in the first weeks? Yes

When communicating by email, did you receive a response within a reasonable time?	Yes
Have you received support and help when encountering difficulties?	Yes
If yes, how helpful has this help been?	Very helpful

STUDIES AT THE HOST INSTITUTION

Were professors frequently available and accessible?	Very frequent
Add a comment if you wish.	Professors were of the highest quality and very invested in student progress.
How did you find the course load? (works, quiz, oral presentation, exams)	Sufficient load
What are the most common forms of evaluation (2 choices)?	Writing, Oral exam, Short questions, Other
How did you adapt to the academic system of the host institution?	Adapted
In which languages were the course offering?	English

SERVICES OFFERED ON CAMPUS

What services were offered to students on campus (check answer)	Academic services, Library, Sports facilities, Student associations, Access to support services - accomodation, Counseling services, Academic mentoring services, International mentoring services, Writing help center, Study groups, Free internet access, Computer rooms
If you have checked other, please precise.	
If you have used one or more of these services, how would you assess their quality?	Very good

ACTIVITIES AT THE HOST INSTITUTION

Assess the quality, quantity and relevance of extracurricular activities.

Please select all activities that were offered at the host institution?	Orientation session , Activities for incoming - networking, Sport activities, Welcoming week, Clubs , Organized outings
If you have selected "Other", please specify.	
If you have participated in one or more of these activities, how would you assess their quality and relevance?	Very good
Was there enough diversity in the choice of activities offered to exchange students?	Yes

INTEGRATION INTO THE NEW CULTURE

How well would you say you have adapted to life in your host country?	Very well adapted
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If you selected "really not adapted and a little adapted", at what level have you had difficulties adapting?

Please add your comments.

How much of a culture shock would you say you have experienced abroad?

Quite strong

If you checked very strong or quite strong, please describe how you overcame this challenge?

I overcame this challenge with frequent contact with family back home, and by continuing to push myself to explore the new environment. By doing so, the unfamiliar environment became less overwhelming.

How much of a culture shock would you say you have experienced when you returned?

Non existent

If you selected "very strong and strong enough", please describe how you overcame this challenge?

List five remarkable differences between living in Ottawa or Canada and living in your host city or country.

Style of housing a neighbourhoods are more densely populated, a large part of daily life is spent outside, pedestrians do not have the right-of-way in traffic, the high concentration of tourism all year around, the sociable culture.

OVERALL...

Did you enjoy your exchange experience?

Quite appreciated

Would you recommend this institution to another student?

Highly recommended

Please add any additional comments.

Having to adjust to a new university provided me with greater confidence in my academic abilities and provided influential inspiration for my future career. Living abroad allowed for unprecedented growth that has equipped for the my future in a unique and meaningful way.

COSTS (IN CAN\$)

General costs

Using this report, uOttawa exchange students will be able to estimate their expenses.

How would you rate the cost of living compared to Canada?

Identical

Did you receive a grant during your stay?

No

Tuition fees at uOttawa

\$4,395

Monthly costs

Monthly housing costs 1581

Electricity and Water costs 0

Cell phone fees / charges \$60

Insurance Fees \$147

Fees for household items (including electronics) 0

Abroad health insurance coverage 356

Monthly transportation costs to study place 0

Please check what were your expenses related to food. Grocery shopping

Please specify the monthly fees for each of the choices checked in the previous question. Dinners were included in my homestay arrangement. Spent \$80 on groceries per month.

Total amount of your monthly costs 1721

Additional costs

Travel costs (plane ticket round trip) 5000

Immunization, medical care 0

Visa / study permit 1600

Fees for school material 0

Language course costs (language of the country) 0

Orientation week 0

Total amount of your additional costs 6600

Total expenses (Tuition fees, Monthly fees and Additional fees) 12680

COURSE SELECTION

Course title and course code GOVT2228 Environmental Politics

Course title and course code SPAN2631 Cultural and Social Change in Spain

Course title and course code FRNC French 4

Course title and course code GOVT3986 Gender, Security, and Human Rights

Course title and course code

Course title and course code

Course title and course code

Course title and course code

Course title and course code

Course title and course code

If possible, provide the web link for course descriptions (syllabus).

SUBMIT REPORT

Can we publish your report on the website of the university? Yes