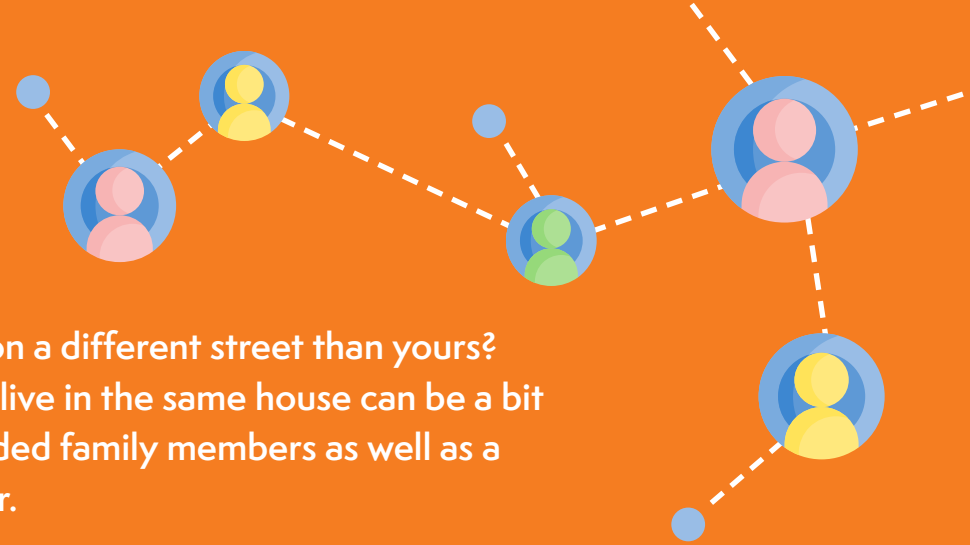


Staying Connected!



Do you have family members who live far away? Or, maybe just on a different street than yours? Sometimes keeping in touch with our family members who don't live in the same house can be a bit hard BUT it is possible! Here are ways to reach out to your extended family members as well as a list of ways to encourage kids to get to know their relatives better.

Checklist to stay in touch with family members:

- Video call (FaceTime)
- Phone call
- Mail a letter
- Send an e-mail
- Doorstep delivery of a note, artwork or a snack



Ideas for kids to learn to know extended family members better:

- Come up with a list of questions that you would like to ask your family.
- Ask your parents to tell you a funny story from when they were your age.
- Ask your parents about family traditions or a family recipe.
- Ask your grandparents or other extended family members to tell you a funny story from when they were your age.
- Discuss with your kids the differences between Canada and the country that your family or ancestors may have come from.